



Worksheet – Friend

This is an opportunity to reflect on Arrow so far. We hope the questions below will be useful, but feel free to talk about other areas if that is of more benefit for you. If you have any questions please do ask.

- 1.a. What do you think have been the two or three most beneficial ways in which you have supported your friend?
- 1.b. In what ways were they beneficial?
- 2.a. What other ways could you support your friend?
- 2.b. How would these benefit your friend?
3. What has your friend shared with you from Arrow that you have found particularly helpful/interesting?
4. What would help you to better support your friend going through the rest of Arrow?

TO BE LED MORE BY JESUS, TO LEAD MORE LIKE JESUS, TO LEAD MORE TO JESUS

For personal reflection: what would being led more by Jesus, leading more like Jesus and leading more to Jesus mean for you?