



**ARROW  
LEADERSHIP  
PROGRAMME**



**PREPARATION  
DAY**



# WELCOME TO ARROW LEADERSHIP PROGRAMME 17

We are delighted that you are here for this Arrow preparation day. Thank you for making the effort to come.

If there is anything we can help with, or if you have any questions, please don't hesitate to ask.

Thank you for your support for your Arrow participant.

With our best wishes,

The Programme Team



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## Timetable

The timetable for the day is as follows:

- 10.30 Welcome and introductions
- 10.45 Worship and Bible teaching
- 11.30 An overview of Arrow
- 12.45 Lunch
- 2.00 Finding out more (separate groups)
- 3.15 Tea
- 3.45 Time to talk
- 4.15 Depart

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# THE MOST EXCELLENT WAY

## 1 Corinthians 13

# THE MOST EXCELLENT WAY

## 1 Corinthians 13

# ARROW – AN OVERVIEW

## 1. Purpose

### ARROW'S PURPOSE IS TO DEVELOP CHRISTIAN LEADERS FOR THE CHURCH OF THE 21ST CENTURY

- Leaders dependent on the grace of God, confident about who they are in Christ, and empowered by the Holy Spirit.
- Leaders clear about their unique call and consistent in living it out.
- Leaders serving the kingdom with personal lives modelled on the servant character of Jesus.
- Leaders passionate for and committed to evangelism.
- Leaders skilled and competent to lead organisations or churches at a time of great challenge and change.

### IN ALL OF THIS

- Honour God.
- Life change.
- Ripple effect.

## 2. Desired Outcomes

### Outcome 1: To be Led More by Jesus, **Knowing Him** and...

Remain in me and I will remain in you... apart from me you can do nothing.  
John 15:1-11

‘BEWARE OF ANYTHING  
THAT COMPETES WITH  
LOYALTY TO JESUS CHRIST.  
THE GREATEST COMPETITOR  
OF DEVOTION TO JESUS IS  
SERVICE FOR HIM.’

OSWALD CHAMBERS

# ARROW – AN OVERVIEW

## Outcome 1: To be Led More by Jesus, Knowing Him and Understanding his Will...

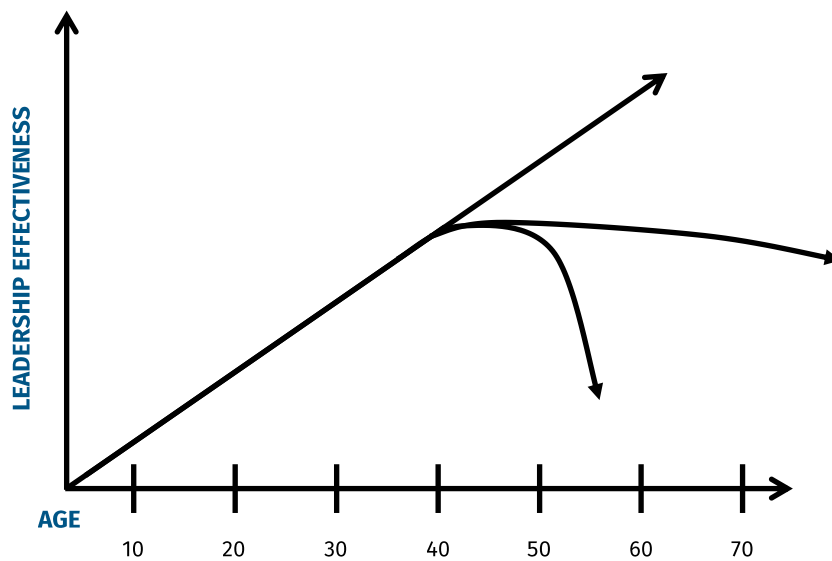
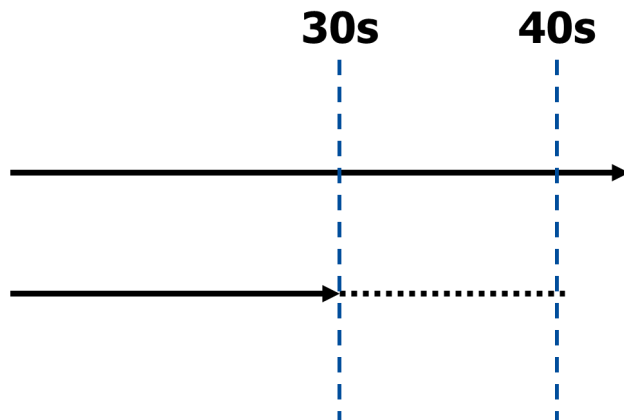
Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is – his good, pleasing and perfect will.

Romans 12:2

## Outcome 2: To Lead More Like Jesus, Working Well with Others to Enable His People to be a Missional Community

Watch your life and doctrine closely. Persevere in them, because if you do, you will save both yourself and your hearers.

1 Timothy 4:16



'Christian vocation is to the praise of his glory and to serve God's purposes in every context of life.'

Robert Banks and R Paul Stevens

God's call to live

# ARROW – AN OVERVIEW

## Outcome 3: To Lead More to Jesus, Helping People of All Ages Come to Know Jesus in our Generation

Again Jesus said, 'Peace be with you! As the Father has sent me, I am sending you.'

John 20:21

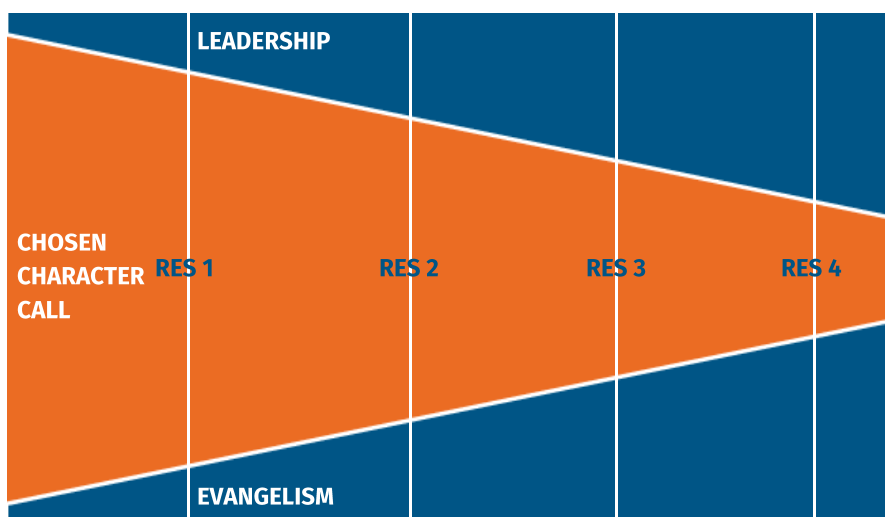
### THREE FUNDAMENTAL QUESTIONS FOR THE CHURCH OF OUR DAY

- What does it mean to be church?
- How do we engage in effective evangelism?
- And therefore what sort of leadership is required?

## 3. The Process

### Overview of Programme

#### OVER TIME



'The gospel needs to be constantly forwarded to a new address because the recipients keep changing their place of residence.'

Helmut Thielicke

# ARROW – AN OVERVIEW

## IN COMMUNITY

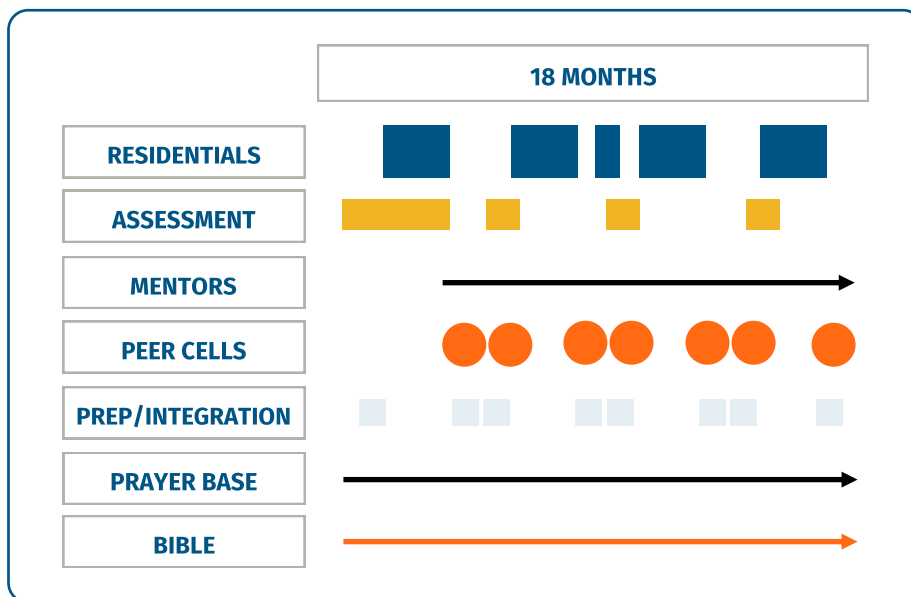
- Because theologically it is the nature of God and the Church.
- Because pastorally many isolated.
- Because pragmatically best way to learn.

‘The New Testament knows little of solo leadership. Leaders are best grown in community and leadership is best exercised in community.’

## THROUGH VARIETY

‘The heart of leadership is not in mastering the how-tos but in being mastered by the amazing grace of God.’

Leighton Ford



“  
**He made me  
into a polished  
Arrow.**  
Isaiah 49:2  
”



# SPOUSE OR FRIEND

## Role and Expectations

### What you can Expect from Us

We will try and do all we can to keep you informed of what is going on through the programme. In practise that will mean:

- We are committed to praying for you throughout the process for your own encouragement and growth. If there are things you'd like us to pray for please let us know.
- We are committed to developing you in your gifts and ministry, wherever that may be, in any way we can through the programme.
- We will invite you to the preparation day along with your participant so that you can meet us, the other participants and their spouse or friend. On that day we will provide you with an opportunity to talk about any issues you'd like to address about Arrow. Previous participants' family and friends have found this really helpful.
- Before each residential we will write with ideas for prayer and the programme for the residential.
- During each residential we'll have a telephone number available for you, so if there are particular things you'd like us to pray for you can let us know.
- We will invite you to Take Two (21 January 2023), an opportunity for you to join with your participant to explore the impact Arrow is having on them. This occurs between residentials two and three. We will also invite you to Moving On (18 November 2023), a day at the end of the programme to celebrate and look forward to the future.

### Suggestions for Supporting your Participant

The following ideas have come from those who've supported participants through previous programmes. We hope they are of some help.

- Pray for them. Arrow is about life change and only God can do this.
- Book time in after each residential to chat through what has happened.
- If you have children, involve them in the process (praying, making special cards etc.). Plan a treat for the time your participant is away.
- If needed, plan ahead for the residential times and get practical help.

Arrow is a leadership development programme, and requires quite a commitment from those who participate. We know that often this is only possible because others are prepared to support them through the process. We are really grateful for your willingness to do that.

This page outlines some of the things that we will try to do to support you in your role. If at any point you'd like to know more or have a concern you'd like to chat through, please don't hesitate to get in touch with us.

- Look for your own development opportunities through Arrow (read the books, listen to talks, take a retreat etc.). Listen for what God is doing in your life, and be ready to be surprised.
- Get to know other spouses or friends, pray for them, email, chat on the phone.
- Help the church or organisation the participant is from to understand what it is all about.
- Write to them when they are on residentials.
- Be affirming and positive about their involvement.

We are always open to receive further suggestions of ways we can support you, so please do let us know. If at any point you have any concerns, do get in touch.

### Action

Put Take Two (**21 January 2023**) and Moving On (**18 November 2023**) into your diary.

**PREPARATION DAY**

5 March 2022

**RESIDENTIAL 1**

15-20 May 2022

**RESIDENTIAL 2**

9-14 Oct 2022

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The preparation day is for participants and a friend or spouse. It provides an opportunity to meet with other participants, engage with the model of leadership development at the heart of the programme, and to consider some of the practicalities of how Arrow works.

**BIBLE TEACHING: OT LEADER**

Studies in character, call and competence.

**ASSESSMENT AND REVIEW**

Developing self-awareness through assessments (16PF5, Arrow 360 review, learning styles inventory), time with a psychologist and a 'leadership partner', and an activity day. As a result each participant identifies a personal development plan.

**BIBLE TEACHING: 'DEALING WITH BARRIERS TO GODLY LEADERSHIP'**

Exploration of issues that scupper us in life and leadership e.g. ambition, anger, lust, discouragement.

**OVERCOMING THE DARK SIDE OF LEADERSHIP**

Using an assessment inventory we identify our particular 'dark-side' in leadership, and explore ways to minimise its impact.

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**DISCERNING PERSONAL VISION (1)**

What are God's priorities for our lives? Where might he be leading? This track considers why call is important and offers a tool for discerning God's call.

**DISCERNING PERSONAL VISION (2)**

Jesus and his call. Implementing God's call in our own lives.

**THE RESILIENT LIFE**

How do we lead a grace-filled life rather than an over-busy, frantic life? Using an inventory we identify what drives us, and explore managing the pace and handling stress.

**QUIET DAY**

Time with God.

Preparation for Residential 1.

Monthly meeting with mentor. Two meetings with peer cell. Integration.

Monthly meeting with mentor. One meeting with peer cell. Integration.

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**LEADERSHIP MATTERS**

Introduction to the leadership track, exploring what it is and why it matters. This module explores two aspects of leadership, character and competence.

**LEADING WELL WITH OTHERS**

Focused on developing others as leaders and building teams.

**DISCERNING DIRECTION**

Leadership involves direction. But who decides where we go? This module explores discerning where God is leading as a corporate process and taking action through strategic planning.

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**EVANGELISM IN A POST-TRUTH WORLD**

How do we keep our vision for personal evangelism alive? Includes reconnecting with the good news of the gospel and the 'lostness' of people through a study of Christ, interviews on the streets and reflection on relationships as central to all good evangelism.

**MODELLING EVANGELISM**

We can't ask others to do what we ourselves aren't doing... Evangelism in the personal, public and professional life of the leader.

**INVENTORIES**

16PF5. Arrow 360

Dark side of leadership. Drivers.

**TAKE TWO**

21 Jan 2023

**RESIDENTIAL 3**

5-10 Mar 2023

**RESIDENTIAL 4**

11-16 June 2023

**MOVING ON DAY**

18 Nov 2023

Take Two is an opportunity for the participants and their spouse/friend to gather for a day to explore the impact of Arrow on their lives.

**BIBLE TEACHING: 'A COMPELLING VISION'**

Insights from the book of Revelation shaping our vision of Jesus and his Church.

**PRAYER LIFE OF THE LEADER**

The place of God's word and prayer in the life of a leader. Dependence on God, embedded in Christ, led by the Spirit.

**BIBLE TEACHING: 'GOING THE DISTANCE'**

How do we keep the faith, run the race and fight the fight for the long haul? Studies in 2 Timothy help us to explore 'going the distance.'

This day marks the end of the programme when we gather participants and their spouse/friend to celebrate all that has happened and look to the future.

**DISCERNING PERSONAL VISION (3)**

Living the called life – personal orderliness.

**A RETURN TO RESILIENCE**

This module includes space for reflection and an exploration of the way ahead into the rest of life! Includes a review of PVS and Development Plan.

Monthly meeting with mentor. One meeting with peer cell. Integration.

Monthly meeting with mentor. Two meetings with peer cell. Integration.

Monthly meeting with mentor. One meeting with peer cell. Integration.

**HANDLING CHANGE**

Going somewhere involves change. What is good change, what is bad change? How do we handle change?

**INTERPERSONAL STYLE**

As leaders we interact with lots of people. How does our style reflect on those we lead? In this module we explore issues of emotional intelligence and relational dynamics.

**HANDLING CONFLICT**

Change inevitably leads to conflict; conflict is a part of leadership. We identify our conflict style, and explore principles for handling conflict.

**LEADERSHIP – ESSENTIALS SKILLS**

We explore two core skills for leaders.

**ORDERING A COMMUNITY AROUND EVANGELISM (1)**

The leader is a 'cultural architect'. We explore key ways to lead people in evangelism, with a particular focus on shaping culture.

**ORDERING A COMMUNITY AROUND EVANGELISM (2)**

Building on the previous residential with a particular focus on the frontlines of home and work.

Interpersonal style. Spiritual disciplines.

Conflict style. Well-being.



## Making Mission Possible

CPAS enables churches to help every person hear and discover the good news of Jesus

CPAS is a registered charity working with individuals, churches and dioceses to resource local churches for mission in the UK and Republic of Ireland. To support our work or find out more, please visit [www.cpas.org.uk](http://www.cpas.org.uk) or contact 0300 123 0780.



### Grove Leadership Series

CPAS has partnered with Grove Books to produce a series of leadership books. Each one is 10,000 words and offers thought provoking insight on a wide variety of themes, everything from how to leave well to leading with Gen Y. You can find them at the shop on the CPAS website. More information at [www.cpas.org.uk/grove](http://www.cpas.org.uk/grove).



### DiscipleKit

If you are looking for materials to help grow disciples of any age, take a look at the DiscipleKit website, where a large number of group based disciple making resources are reviewed and rated. [www.disciplekit.org](http://www.disciplekit.org)



### Lead On

- A free monthly email with articles, resource recommendations, reviews for all interested in improving their leadership. Sign up at [www.cpas.org.uk/leadon](http://www.cpas.org.uk/leadon).
- The Lead On book contains 30 reflections to refresh and re-energise your leadership. You can order it at [www.cpas.org.uk/shop](http://www.cpas.org.uk/shop).



### Venture and Falcon Holidays

CPAS runs around 90 fun-filled holidays for 8-18 year olds each year. The holidays are run by volunteers, and if you are interested in helping on one or know a young person who would benefit from a great holiday with a focus on Jesus, pick up a leaflet today or visit [www.ventures.org.uk](http://www.ventures.org.uk).