ARROW - THE FUTURE
Post Residential Matters

Mentors

We suggest you agree with your mentor an end time for your relationship. We have asked mentors if they would be prepared to continue meeting with you until the end of October. You may well negotiate further meetings with them, particularly with there not being much time between this residential and Moving On due to half-term being at the end of October, but please be sensitive to other demands on their time.

When bringing the relationship to a conclusion please consider the following.

- **Unfinished business** Invite your mentor to comment on other areas where they think you could benefit from further reflection and development. Often mentors will have helpful insights about next stages.
- **Affirmation** Do encourage your mentor by letting them know what has been helpful in the way they have mentored you. This may be done verbally or by letter. Encourage them to continue in mentoring relationships with others.
- **Gift** Your mentor receives no payment for the role. A small gift would be an excellent way of showing appreciation.

Please take time to reflect on your future mentor needs. Our hope is that mentoring may be a way of life, both being mentored and seeking to mentor others.

Intercessor

Please be sure to communicate with your intercessor following the residential. Please write a thank you letter to your intercessor after the Moving On day, and if you are feeling generous send them a little gift. They'd be delighted to hear something about the difference Arrow has made to you.

Peer Cells

Each cell will need to decide its future. Some may want to continue beyond the programme, others will want to conclude. Please ensure that whatever the decision, it is owned by the whole group, and is clearly communicated among all members of the cell.

Development Plans

Please be sure to complete your post residential development work as this will conclude the learning from the modules on Residential 4.

KEY INSIGHTS

ARROW - THE FUTURE
The Arrow Community

Arrow Bulletin and Facebook Group

We send out a termly Arrow bulletin. You'll be added to the database following the Moving On day in November. We also have an Arrow Leadership Programme UK Facebook group which we will invite you to join after Moving On day.

Arrow Reloaded

We run a conference every other year for those who have completed Arrow.

- **Purpose** as leaders we need to be constantly re-calibrating. Arrow Reloaded provides a great way to recalibrate in an Arrow-like way with Bible teaching, input, worship, space for reflection, and opportunities to reconnect with people from your programme.
- **Dates** Monday 27 January (around 5pm) to Thursday 30 February 2025 (2pm).
- **Venue** The Hayes, Swanwick.
- **Cost** TBC (2023 was £320)
- **Booking** www.cpas.org.uk/browse-everthing/arrow-reloaded-2025

Please put the dates in your diary now.

Arrow Worldwide

KEY INSIGHTS

ARROW - THE FUTURE
Programme 17

Arrow Leadership Programme 18

Do you know anyone who may be interested in applying for the next programme? From experience we know that people are more likely to apply for the programme if someone they know recommends it to them. Next week we will be sending you an email which you can forward to people who you think might benefit from the Arrow Programme. We will be asking them to register their interest at www.cpas.org.uk/arrow.

Three people that I would recommend Arrow to:
1.
2.
3.

Summing Arrow Up

Most people participate in Arrow because of the recommendation of those who've already done it. We'd be really grateful for your help in encouraging others to think about Arrow.

Please write your comments thinking of those considering Arrow.
- What insight could you share that would help them understand Arrow?
- What captures the essence of the Arrow experience?
- What change has come about as a result of God being at work through the Arrow process?
- What have you loved most about Arrow?

A **word** that summarises your experience of Arrow.

A **sentence** recommending Arrow.

A **paragraph** about your experience of Arrow.