ARROW RESIDENTIAL 4: 11-16 JUNE 2023

	SUNDAY 11	MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16
7.15 - 8.00	Unless otherwise stated: Worship, prayer and Bible teaching take place in the Garden Room. Main teaching takes place in the Ball Room. *During coffee various games will be available for use outside. These include, Frisbee, Spike Ball, and Kubb.	Boot Camp Exercise Sarah Evans (7.20)	Boot Camp Exercise Sarah Evans (7.20)	Exercise	Exercise	Exercise and pack
7.45-8.45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8.45-10.10		Worship, Bible teaching and Reflection time Jonathan Lamb	Worship, Bible teaching and Reflection time Jonathan Lamb	Worship, Bible teaching and Reflection time Jonathan Lamb	Worship, Bible teaching and Reflection time Jonathan Lamb	Worship and Moving On
10.15-11.20		Handling Conflict Sue Haslehurst	Mobilising a Community in Evangelism James Lawrence	Faith, Digital and Social Media Matt Hogg	A Return to Resilience Jo McKee	
11.20-11.45		Coffee and more*	Coffee and more*	Coffee and more*	Coffee and more*	Coffee
11.45-12.45		Handling Conflict	Mobilising a Community in Evangelism	Faith, Digital and Social Media	A Return to Resilience	Moving On Continued Feedback
12.45-2.15		Lunch Free time / Exercise / Leadership Partner	Lunch Securely Single (Table) Free time / Exercise / Leadership Partner	Lunch Free time / Exercise / Leadership Partner	Retreat afternoon, packed lunch	Lunch (1.15)
2.15-3.15		Handling Conflict	Mobilising a Community in Evangelism	Faith, Digital and Social Media	Silent Retreat	Depart (2.00)
3.15-3.40		Tea	Tea	Tea	(Tea available)	
3.40-4.40	Arrival and room allocation (4.15)	Handling Conflict	Mobilising a Community in Evangelism	Faith, Digital and Social Media	Silent Retreat	
4.40-5.10		Arrow thank you, Feedback, development,	Feedback, development	Arrow thank you, Feedback, development	Worship and prayer with your sock partner (5.00)	
5.10-5.25		Introduction to Film Night	Response Time	Response Time		
5.25-6.00	Welcome and introduction (5.30) (Garden Room)	Free time / exercise / Leadership Partner	Free time / exercise / Leadership Partner	Free time / exercise / Leadership Partner	Free time / exercise	
6.00-7.45	Peer Cell Supper (6.00)	Supper (6.15)	Supper (6.30)	Supper (6.30)	Drinks (7.00), Photo (7.15)	
7.30-10.00	Orientation (Garden Room) Sock Partner s Night Prayer	Film Night Luke Walton Celtic Night Prayer	Peer Cell Time	Arrow – The Future Peer Cell time (Ball Room)	Formal Celebration Dinner (7.30) (Bar/Dining Room)	This version 05 June 2023