

# GROWING LEADERS SESSION 10 CONTINUING WELL

MENTOR UPDATE 10

## Introduction

Session 10: Continuing well is both an occasion for the group to celebrate all that God has done among them over the last year, and an opportunity to clarify next steps from here.

## The Final Count Down


As you meet for the last time with your mentee we thought it might be helpful to offer a few thoughts on ending well.

### EXPECTATIONS

Your commitment to your mentee is completed at the end of your session 10 mentoring time. Please do not feel in anyway obliged to go beyond this date. Even if you have been asked by your mentee to continue the relationship please don't feel you need to.

Our experience is that if you both decide it would be good to continue the mentor relationship, you should first end your GL one, and then meet to set new expectations and boundaries for the next phase of your mentoring relationship.

One word of caution. All mentoring relationships have a 'shelf' life. There comes a time when they run out of steam



'Measuring how things have gone in a mentoring relationship is a way of ensuring we model a willingness to grow to those we mentor.'



and need to end. Experience suggest that often 12-18 months is the sort of timescale that makes sense. So our advice would be to think hard before agreeing to continue with your mentee.

### ENDING WELL

To end well, reflect with your mentee in two areas.

Firstly their experience of GL. The following questions may help:

- Where have the main growth points been through your GL journey?
- What have you avoided or missed out on that you know would have been good to do?
- What are you looking to continue beyond GL?
- What are the crucial next steps for you as you look to the next year?

If they are up for it, you could also offer them any personal reflections you have of them that would be helpful for them as they move on. But don't raise a huge issue in your last meeting that you haven't touched on before.

Secondly reflect on your experience together over the 12 months.

- What do we want to give thanks to God for?
- Are there any unresolved issues between us that we need to clear up?
- How might we pray for one another?
- Having reflected on this together it may be good to spend a brief time in prayer together offering the experience of the past 12 months to God.

### YOUR OWN GROWTH

We hope that this experience has been one of growth for yourself. To solidify this you may like to ask your mentee for some final feedback on your mentoring. We suggest you don't do this in the final meeting, because (as we have

said throughout) the focus of your times together needs to be on the mentee. Rather, you could write them an email following your final meeting, thanking them for the privilege of journeying with them over the last 12 months and asking for some feedback.

- What you have found most helpful about the way I have mentored you?
- What would you suggest I could do to improve my mentoring in the future?
- What is the one annoying habit I might not be aware of that it would be great to change?

## Mentoring – The Future

We hope you have enjoyed your experience and that you will want to continue to invest in leaders through mentoring. Thank you for all you have done over the past year to encourage your mentee, and for playing such a critical role in Growing Leaders.

We'd love to hear about your experience. Do send us an email telling us of how it has gone. Your story may be a real encouragement for someone else tentatively thinking of mentoring someone for the first time.

'EVERY LEADER IN CHRISTIAN MINISTRY MUST MAKE THE DISCOVERING, DEVELOPING, AND MENTORING OF YOUNG LEADERS A PRIORITY.'

PETER CORNEY



## Resource Recommendation

Here are some resources if you want to explore the whole area of mentoring further.

### BOOKS

- Connecting, Paul Stanley and Robert Clinton (NavPress 1992)
- Discipling, Coaching, Mentoring, Bryn Hughes (Kingsway 2003)
- Mentoring to Develop Disciples and Leaders, John Mallison (SU 1998)
- The Fine Art of Mentoring, Ted Engstrom (Trinity Press 1989)
- Spiritual Mentoring, Keith Anderson and Randy Reese (Eagle 2000)
- Intentional Mentoring, Paul Wilcox (Instant Apostle 2018)
- The Mentored Life, James Houston (NavPress 2002)
- Time to Think – Listening to Ignite the Human Mind, Nancy Kline (Ward Lock 1999)
- How to Keep a Spiritual Journal, Ron Klug (Augsberg 2002)

### FILMS

Here are some films that raise interesting questions about mentoring relationships:

- Dead Poets Society, Mona Lisa Smile, Clueless, Miss Congeniality, Bend it Like Beckham, Antwone Fisher, Star Wars The Empire Strikes Back, Coach Carter.



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