

# PERSONAL DEVELOPMENT

## Overview



### Focus

In the busyness of leadership many leaders spend little time focused on their own personal development. Throughout Arrow we will offer a variety of tools to help you grow in self-awareness. This residential begins with 16PF5 and the Arrow 360, along with the Bible teaching. You will be asked to identify four personal development goals following the residential.

### Reflect

#### THE ONE BOOK TO READ

- How People Grow, Cloud and Townsend (Zondervan).

#### FOR FURTHER READING

- Community and Growth, Jean Vanier (DLT).
- Who Do You Think You Are?, Nick Isbister and Martin Robinson (Harper Collins).

#### OTHER RESOURCES

- Some interesting material on [www.personalitytype.com](http://www.personalitytype.com) (if you can bear the schmalz!) or [www.16personalities.com](http://www.16personalities.com).

### Explore

#### MENTOR

- Share the insights you gained from the Arrow 360 review and 16 PF5. What was most helpful for you? What are the areas of growth God may be calling you to focus on?
- Talk through your personal development goals and pick up on any areas you want to discuss with your mentor written on the planner.

#### PEER CELLS

- If you feel comfortable enough, share some of the insights and growth points from 16PF5 and the Arrow 360 captured in your development goals.
- Spend time praying for one another around these, and supporting one another as you seek to grow through them.

### Develop

Reflecting on this module, what new personal or leadership goals do you sense God nudging you towards? Or is there an existing goal he is nudging you to revisit? Make a note here of anything that comes to mind. (Use the reverse side if you need more space.)

LED MORE BY,  
LEAD MORE LIKE,  
LEAD MORE TO  
JESUS