

A Prayer As You Close

Lord Jesus, thank you that I have heard your call to follow you.
Forgive me for the times I stray from the path you set.
Free me from the clutter of my life, from all that hinders me.
Help me to trust you for what lies ahead, in every season of my life.
Deepen my love for you and for all who I meet along the way.
Fill me again with your Holy Spirit that I may be all that you made me to be.
In Jesus' name,
Amen.



PROJECT 2 HANDOUT 2: PRAYING THROUGH YOUR SPIRITUAL HEALTH CHECK

PRAYING THROUGH YOUR SPIRITUAL HEALTH CHECK



A Prayer As You Begin

Almighty God, you are my maker,
You know me through and through, better than I know myself.
Thank you for your amazing love for me,
For giving me life and purpose, a future and a hope.
You have seen every step of my journey along the way,
My triumphs and my trials, the laughter and the tears.
As I pause to check my bearings, give me insight and honesty,
Let me hear your voice calling me anew.
Lord Jesus, my Friend and Guide, draw me closer to you.
Amen.



Praying Through Your History

BEGINNINGS

'You created my inmost being; you knit me together in my mother's womb.'

Psalm 139:13

THE JOURNEY SO FAR

'I have loved you with an everlasting love; I have drawn you with unfailing kindness.'

Jeremiah 31:3

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Your Present Situation

GOD

‘Jesus replied: “Love the Lord your God with all your heart and with all your soul and with all your mind.”’

Matthew 22:37

‘Search me, God, and know my heart; test me and know my anxious thoughts.’

Psalms 139:23

HOME, FRIENDSHIP, FAMILY

‘Submit to one another out of reverence for Christ.’

Ephesians 5:21

‘There is a friend who sticks closer than a brother.’

Proverbs 18:24

OCCUPATION

‘Whatever you do, work at it with all your heart, as working for the Lord, not for human masters.’

Colossians 3:23

HOBBIES, INTERESTS, RELAXATION

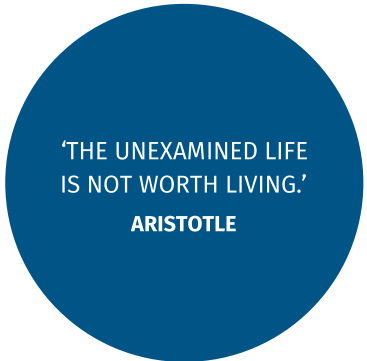
‘Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.’

Isaiah 40:30-31

PRESSURE POINTS

‘But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.”’

2 Corinthians 12:9



CHURCH

‘Christ loved the Church and gave himself up for her to make her holy.’

Ephesians 5:25-26

‘But you are a chosen people, a royal priesthood, a holy nation, God’s special possession, that you may declare the praises of him who called you out of darkness into his wonderful light.’

1 Peter 2:9-10

Future

THE PATH AHEAD

“‘For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.”’

Jeremiah 29:11

“‘Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes?... Can any one of you by worrying can add a single hour to your life?’”

Matthew 6:25-27

