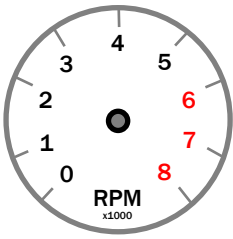
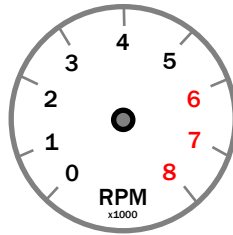


# LIFE IN THE RED ZONE

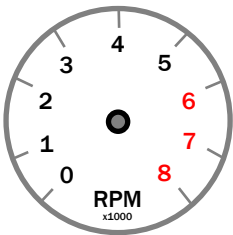
## GROWING LEADERS



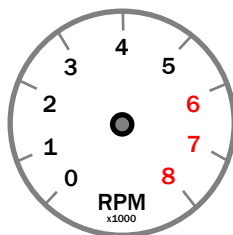
PHYSICAL



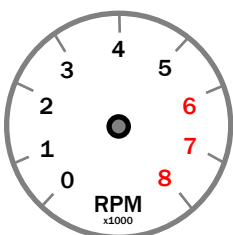
EMOTIONAL



RELATIONAL



INTELLECTUAL



SPIRITUAL



### For Journaling/Mentor

- Which gauge indicates the 'best place' for you at the moment? Why is that?
- Imagine how life might feel if each gauge was in the right place for you. Write a short letter to God expressing your desire for such a life.